'Reduce and Remove' Trimodality Strategy for Advanced Liver Cancer: the START-FIT approach

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Advanced liver cancer is generally not curable, unless reduced to a treatable stage through conversion therapy and surgically removed. We explored a new approach combining locoregional therapies and immune checkpoint inhibitors to achieve this conversion in patients with inoperable liver cancer. This innovative 'cocktail' strategy, the START-FIT approach, merges three different treatments: Sequential TransArterial chemoembolization (TACE) and stereotactic beam RadioTherapy (SBRT) Followed by ImmunoTherapy (IO). Remarkably, over half of the patients in this trial eventually underwent curative surgery or had a complete response to treatment. The START-FIT approach has shown significant effectiveness in treating advanced, inoperable hepatocellular carcinoma.



Opportunities

- New hope for poor liver cancer prognosis, with third highest cancer-related mortality rate globally
- Ease of implementation in tertiary centres across the world

Key Advantages

- Innovative combination strategy with curative intent
- Safe and low toxicity treatment for all including the elderly
- A well-tolerated outpatient based treatment for 6 months
- Prolongs life while maintaining quality of life

Stage of Development

- US patent application submitted 2023
- Established combination strategy for treating locally advanced HCC as standard clinical practice in Hong Kong



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